Best Boss/Worst Boss

Want to be a better boss to yourself? Me too!

First, think about the best boss you ever had (or, the best bosses you ever had, you lucky duck). Write down all the things that made them great. Try to think about concrete stuff they did, not just how they were as a person.

Best Boss/Worst Boss

Now, think about the worst boss (or bosses, I know, we've all been there) that you've had. Write down the things that made them shitty, and try to make them actions, not how they were as a person.

Best Boss/Worst Boss

Ok! So now I want you to look at both lists and circle how you currently, as your own "boss," embody the BEST boss characteristics and the WORST boss characteristics. Then, write them down below:

What are ways I'm like the BEST boss I ever had?

What are the ways I'm like the WORST boss I ever had?

Best Boss/Worst Boss

Tuck those ways that you are like your best/worst bosses away in your journal and just notice them when they come up. You don't have to do anything with them, but I best noticing the "worst boss" scenario may make you beat yourself up a little less.

Next, I want you to go back to those characteristics of the BEST BOSS ever, and look at what you didn't circle or write down. What's missing? Pick one or two and write them here:

Best Boss/Worst Boss

Finally, take one of the best boss characteristics you wrote on the last page and think of 2-3 ways you could embody this better in yourself. Once you've done that, let it sit for a few days. Come back to this list and pick one of the ways and work on it for a while!

Personal story - doing this exercise made me realize that I'm not helping myself develop professionally at all. So my new challenge at the moment is creating a professional development plan for myself for 2022. Starting with taking some small online courses I've wanted to try on marketing automation. Send me an email at corrie@corrieoberdin.net and tell me yours!